

## enjoy nutritious, organic choices for drinks...

Eliane is food to make the soul smile. We believe in using healthy, alkaline whole foods.

| organic coffee   |                | hot organic specials  |           | rejuvenating juices  |     |
|--|----------------|---|-----------|--|-----|
| prepared with berkeley farm<br>milk or rude health plant milks |                | golden milk<br>fresh turmeric, cinnamon & coconut mil       | 4.50<br>k | freshly pressed, served with a drop of extra virgin olive oil            |     |
| latte  | 4.10           | chai tea latte  | 4.50      | wakey wakey  | 6.5 |
| cappuccino   | 4.10           | homemade spice blend steamed with                           |           | apple, carrot, lemon, ginger   |     |
| flat white   | 4.10           | assam tea and your choice of milk                           |           | hydrate  | 6.5 |
| americano  | 3.95           | moon tea  | 4.50      | cucumber, apple, kale, lime, mint  | 6.5 |
| espresso 2   | 2.95 s/ 3.20 d | shatavari, turmeric, cinnamon, almond milk & coconut nectar |           | quick fix<br>turmeric, orange, ginger, pineapple, black pepper           | 6.5 |
| macchiato 3.20 s/ 3.50 d                                       |                | matcha latte  | 4.50      | energy boost   | 6.5 |
| mocha  | 4.50           | ceremonial grade matcha steamed with                        |           | carrot, beetroot, orange, red pepper                                     | 0.5 |
| hot chocolate  | 4.25           | milk of your choice   |           | cool green   | 6.5 |
|  |                | ginger, lemon & honey tea                                   | 4.50      | apple, cucumber, celery, mint, coriander                                 |     |
| dairy free milks available:                                    |                |   |           | citrus restore   | 6.5 |
| coconut, almond, 0.75  |                | cold organic specials                                       |           | grapefruit, orange, carrot, turmeric, black pepper                       |     |
| brown rice, soya   |                | cold organic specials                                       |           | garden glow  | 6.5 |
| oat  | free           | iced matcha latte   | 5.00      | fennel, apple, courgette, lemon, mint                                    |     |
| iced options   |                | matcha, & milk of your choice, served                       |           | deep beet beetroot, carrot, pear, lemon                                  | 6.5 |
| latte  | 4.25           | over ice  |           | beetroot, earrot, pear, terriori   |     |
| americano  | 4.10           | blueberry matcha  | 5.50      | functional smoothies   |     |
| mocha  | 4.50           | layered iced matcha with blueberry and oat milk             |           |  |     |
| iing toog  |                | vanilla collagen matcha                                     | 6.50      | wholefood blends with added benefits                                     |     |
| jing teas  |                | iced matcha with marine collagen,                           | 0.50      | super green  | 7.9 |
| bespoke loose-leaf teas  |                | vanilla and almond milk                                     |           | spinach, cucumber, apple, pineapple, super-                              |     |
|  |                | milkshake   | 5.95      | greens blend, flaxseed, mint, lemon                                      | 7.9 |
| assam breakfast  | 3.85           | Made with locally sourced organic ice                       |           | collagen lift mango, pineapple, orange, ginger, coconut milk,            | 7.9 |
| earl grey  | 3.85           | cream and milk  | ( 3.0     | marine collagen, baobab & vitamin C                                      |     |
| rooibos  | 3.85           | steeped assam tea with fresh lemon and                      | 4.10      | berry boost  | 6.9 |
| lemongrass & gin   | _              | mint, served over ice                                       |           | berries, beetroot, ginger, carrot, 6-mushroom                            |     |
| chamomile flowe  |                | chete   |           | complex, chia seeds  |     |
| peppermint   | 4.10           | shots   |           | energiser  | 7.9 |
| jasmine pearls   | 4.10           | ginger shot   | 4.50      | raw cacao, banana, peanut butter, oat milk,<br>maca, flaxseed & cinnamon |     |
| silver needle  | 4.10           | fresh ginger, with a touch of apple juice                   |           | magic mango  | 6.9 |
| jade sword   | 4.10           | turmeric shot   | 4.50      | mango, lime, mint, orange  |     |
| darjeeling 2 <sup>nd</sup> flus                                |                | fresh turmeric, with a touch of apple                       |           | gentle boost   | 6.9 |
| yellow gold  | 4.10           | juice   |           | balance blend  |     |
| genmaicha  | 4.10           |   |           | Banana, lime, apple, coconut milk, mint, flaxseed                        | I   |

All our drinks are created to our ethos of nutritious, delicious choice..

4.10

Just like our food, the drinks at eliane are made using only the best ingredients to make sure you feel full, well and happy. In the vast majority of our drinks, you'll find organic raw ingredients crafted into a truly delicious blend of liquid goodness. If you have any dietary requirements, please let a member of our team know. We care that our drinks are homemade, fresh, healthy, clean, raw, organic, locally sourced, we are environmentally conscious, we care about biodegradability, we are ethical... Ask our team or find out more at elianesmiles.com



whole rose buds







### **ASTONS BAKEHOUSE**





INKPEN BASED PRODUCERS OF OUR SIGNATURE HERITAGE GRAIN SOURDOUGH PLUS, FOCACCIA, PANINI, CIABATTA, AND OUR PASTRIES. ALL ORGANIC TOO!



OUR ALE SUPPLIER. WE USE RAMSBURY GOLD.

WHERE WE SOURCE ALL OUR ORGANIC FLOURS FOR





WINE SUPPLIER. PROVIDING US WITH BIODYNAMIC, ORGANIC WINES. A LOCAL, INDEPENDENT BUSINESS.

THE MILLER-WARDS

A LOCAL, FAMILY RUN BUSINESS PROVIDING OUR EATERIES WITH FABULOUS FRESH FRUIT AND VEGETABLES.

## BAKING.

WILD FLOWERS, NETTLES, APPLES, BEANS, WATERCRESS, PLUMS, PEARS, HERBS, PUMPKINS. ALL FROM WITHIN A MILE OF OUR HUNGERFORD EATERIE.



# EGG SUPPLIER FOR OUR EATERIES.

LARGELY ORGANIC SUPPLIER OF DRY GOODS.

ORGANIC PLANT MILKS

AND GOODIES FOR OUR

SHELVES.

MARSH BENHAM, NEWBURY. FRESH, LOCALLY SOURCED, ORGANIC EGGS.





OUR TEA SUPPLIER BASED IN MARYLEBONE, LONDON PROVIDING HIGH QUALITY, ETHICAL TEA SOURCED FROM SINGLE GARDEN GROWERS.



**COFFEE ROASTERY IN HEMEL** \* HEMPSTEAD, PRODUCERS OF OUR SIGNATURE ORGANIC ELIANE BLEND.















