

dinner is served

from 6pm - 9pm every day

ready to order?

Don't worry, one of the team will be with you soon

Tandoori bread is the only dish element which contains gluten. Please let the team know when you order if you need a gluten free dish, we'll swap out the tandoori bread for a chilla flatbread, no problem. All other allergens are shown in bold>.

appetisers

| | | | |
|---|-----|----------------------------------|-----|
| mozzarella, honey glazed oranges & avocado | 6.9 | spiced potato cakes | 6.9 |
| roasted butternut squash | 6.9 | with tamarind & coconut yoghurt | |
| with spiced tomatoes & green salsa | | tandoori bread | 6.9 |
| charred sabich style aubergine | 6.9 | with tahini, harissa & herb dips | |
| with spring onions & garlic | | thai spiced fish cakes | 8.9 |
| raw singapore noodles | 6.9 | mu shu chicken | 8.9 |

mains

vegetables

| | |
|--------------------------------------|------|
| lentil moussaka | 10.9 |
| indonesian vegetables | 10.9 |
| with coconut & lime sauce | |
| banana & paneer kofta | 10.9 |
| with tomato sauce | |
| thai raw peas & corn | 10.9 |
| served with cauliflower rice | |
| green chana biryani | 10.9 |
| with almond & lemon labneh | |
| chickpea & spinach curry | 10.9 |
| organic fresh sprout stir fry | 10.9 |
| with coconut | |
| middle eastern tagine | 10.9 |
| aubergine, thyme & tomato | |

meat

| | |
|--|------|
| twice cooked afghani chicken | 14.9 |
| with lemon & herbs | |
| indonesian style chicken | 13.9 |
| in a coconut & lime sauce | |
| trio of chicken | 17.9 |
| with coriander and mint, satay, middle eastern kofta, fatoush, tzatziki & tandoori bread | |

fish

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|---|------|
| rassam fish | 15.9 |
| with spiced potatoes | |
| steamed sea bass | 15.9 |
| with broth, garlic, ginger, spring onions & glass noodles | |
| tiger prawns | 21.9 |
| with coconut & chilli | |
| stir fried prawns | 17.9 |
| with basil, tomato and kafir | |

sides

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| crushed spiced potatoes | 5 |
| sprouting broccoli stir fry | 5 |
| with ginger & garlic | |
| morning glory pak choi | 5 |
| spiced cauliflower with almonds | 5 |
| potatoes & french beans | 5 |
| with coconut, cumin & mustard | |
| chilla flatbread | 3.9 |
| tandoori bread | 3.9 |
| rice | 3.2 |



All of our dishes are created to our clean, healthy ethos. They are free from refined sugars and there's never any hidden gluten or dairy here. We cook with raw virgin coconut oil, Himalayan rock salt and organically sourced ingredients wherever possible. If you have any dietary requirements, please let a member our team know.