



enjoy nutritious, organic choices for drinks...

Eliane is food to make the soul smile. We believe in using healthy, alkaline whole foods.

eliane organic coffee

latte	2.9
cappuccino	2.9
flat white	2.9
americano	2.7
espresso	s 2.25 / d 2.5
macchiato	s 2.45 / d 2.6
mocha	3.85
hot chocolate (choose milk or white chocolate)	3.45
dairy free options available: coconut, almond, brown rice, oat soya	0.75 free

bespoke jing teas

assam breakfast	2.85
earl grey	2.85
rooibos	2.85
lemongrass & ginger	2.85
vanilla black	2.85
blackcurrant & hibiscus	2.85
peppermint	3.75
green jade sword	3.75
lemon verbena	3.75
white silver needle	3.75
jasmine pearl	3.75
scented	3.75
Darjeeling	3.75
jasmine lily flowering	3.75
whole rose buds	3.75
matcha	3.75

hot organic specials

golden milk	4
Fresh organic turmeric & coconut milk	
matcha latte	4
Organic matcha & almond milk	
beetroot latte	4
Organic beetroot & rice milk	
cacao shot	4.5
The ultimate boost to kick start your day. Raw cacao, maca, cayenne pepper, coconut oil, coconut sugar	
chai tea latte	4
A homemade blend of spices, steamed with assam tea leaves and your choice of milk	
fresh peppermint tea	3.5

cold organic specials

cider vinegar water	3
Unfiltered apple cider vinegar, lemon, berries and mint	
homemade lemonade	3
Freshly squeezed organic lemons, apple and mint	
ice tea	3
Iced Assam tea with fresh mint & lemon	
milkshake	4.95
Made with locally sourced organic milk and ice cream	

shots

ginger shot	4
100% freshly juiced organic ginger	
turmeric shot	4
100% freshly juiced organic turmeric	
beetroot shot	4
100% pure beetroot juice	
cider vinegar shot	2.5
Unfiltered apple cider vinegar with a hit of fresh lemon	

rejuvenating juices

5.95

energy boost	Pepper, carrot, beetroot, orange
cool as a cucumber	Apple, cucumber, coriander, celery
calm down	Apple, fennel, sweet potato, courgette, mint
wakey wakey	Apple, carrot, lemon, ginger
detox	Cucumber, celery, lemon, mint, coriander
multi flex boost	Grapefruit, pepper, orange, turmeric, carrot
quick fix	Turmeric, orange, ginger, pineapple, black pepper
hydrotherapy	Orange, cucumber, cabbage, pear
hydrate	Cucumber, apple, kale, lime, mint
bloody eliane	Tomato, lemon, celery, cayenne pepper, pink salt
casanova	Celery, kale, apple, pepper, cinnamon, lime
pump it up	Pear, beetroot, carrot, cayenne pepper

sumptuous smoothies

5.95

protein punch	Avocado, kale, lemon, orange, spirulina, chia seeds
elixir	Kale, courgette, apple, spirulina, mango, flaxseeds
6-a-day	Apple, spinach, pineapple, avocado, banana, wheatgrass
magic mushrooms	Passionfruit, pineapple, ginger, lemon, apple, 6-mushroom complex
magic mango	Mango, passionfruit, lime, orange, wheatgrass
gogo	Cacao nibs, cashews, banana, apple, goji berries, spirulina
sub zero	Fennel, banana, coconut milk, berries, courgette, mint
core cleanse	Turmeric, black pepper, honey, spinach, cucumber, apple
body warmer	Carrot, pineapple, mango, cinnamon, pepper, maca
white walker	Apple, spinach, coriander, grapefruit, coconut milk, ice

All our drinks are created to our ethos of nutritious, delicious choice..

Just like our food, the drinks at eliane are made using only the best ingredients to make sure you feel full, well and happy. In the vast majority of our drinks, you'll find organic raw ingredients crafted into a truly delicious blend of liquid goodness.

If you have any dietary requirements, please let a member of our team know.

We care that our drinks are homemade, fresh, healthy, clean, raw, organic, locally sourced, we are environmentally conscious, we care about biodegradability, we are ethical... Ask our team or find out more at elianesmiles.com



ORGANIC MILK, CREAM AND ICE CREAM THE BERKELEY FARM COWS GRAZE IN PASTURES IN THE IMMEDIATE SURROUNDING AREA.

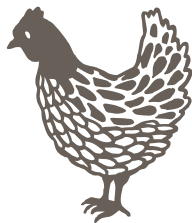


LOCAL FORAGING:

WILD FLOWERS, NETTLES, BEANS, WILD GARLIC, APPLES, PEARS, PLUMS, WATERCRESS, MINT, ROSEMARY, THYME, LAVENDER, ALL FROM WITHIN A FEW MILES.



EGG SUPPLIER FOR THE ELIANES. MARSH BENHAM, NEWBURY. FRESH, LOCALLY SOURCED, ORGANIC EGGS.



CHOICE ORGANICS

100% ORGANIC FRUIT AND VEG SUPPLIER. HOUNSLOW, LONDON. USED FOR (MOSTLY) SEASONAL FRUIT AND VEG. ESPECIALLY FOR JUICING.

ENVIROPACK

OUR PACKAGING SUPPLIER - ALL BIODEGRADABLE AND/OR COMPOSTABLE



WE DON'T LIKE WASTE, WE COMPOST AS MUCH AS POSSIBLE.

WROUGHTON



ASTONS BAKEHOUSE

DELICIOUS BREADS, ORGANIC TOO!

RAMSBURY BREWERY



OUR ALE SUPPLIER. WE USE RAMSBURY GOLD



WHERE WE SOURCE ALL OUR ORGANIC FLOURS FOR BAKING AND COOKING.

ELIANE MARLBOROUGH



NAKED GRAPE



WINE SUPPLIER FOR THE ELIANES, PROVIDING US WITH BIODYNAMIC, ORGANIC WINES. A LOCAL, INDEPENDENT BUSINESS.

ELIANE HUNGERFORD

FISHER OF NEWBURY



FABULOUS FRUIT AND VEG SUPPLIER. NEWBURY. A LOCAL INDEPENDENT BUSINESS.



ELIANE SUNNINGDALE

STEMS OF LONDON



FLORIST FOR THE ELIANES. DIRECTLY OPPOSITE OUR SUNNINGDALE BRANCH. STEMS CREATE WONDERFUL ARRANGEMENTS ON A WEEKLY BASIS USING SEASONAL FOLIAGE.



TEA SUPPLIER. MARYLEBONE, LONDON. HIGH QUALITY, ETHICAL TEA.



SMITHS COFFEE

COFFEE SUPPLIER. HEMEL HEMPSTEAD, LONDON. PRODUCERS OF OUR SIGNATURE ORGANIC ELIANE BLEND NO 2.



LONDON

