



Eliane is food to make the soul smile. We believe in using healthy, alkaline wholefoods.

Lockdown menu

Avocado on toast (with poached/scrambled eggs)	£ 7.95
Akuri	£10.95
Scrambled eggs	£ 9.95
Pad Thai – Veg/Chicken	£ 8.95
Burger – Tofu/Chicken	£13.95
Soup (on own or with bread)	£13.95
Paninis – Made to order	£ 5.95
Quiche and 1 veg dish (at chef's discretion)	£ 7.95
Veg Medley	£12.95
Chicken Medley	£14.95
Fish Medley	£15.95

Menu

Pan fried Salmon with roasted pepper & hazelnut salsa
Indonesian style Chicken
Green Veg with dukkah
Carrot & harissa salad
Persian Rice
Tabouleh
Middle Eastern roasted vegetables

All our dishes are created to our ethos of nutritious, delicious choice.

All of our dishes are created to our clean, healthy ethos. They are free from refined sugars and there is never any hidden gluten or dairy here. We cook with raw virgin coconut oil, Himalayan pink salt and organic ingredients wherever possible. If you have any dietary requirements, please let a member of our team know.

We care that our food is homemade, fresh, healthy, clean, raw, organic, locally sourced, we are environmentally conscious, we care about biodegradability, we are ethical... Ask our team or find out more at elianesmiles.com